



# METROWEST BOOTCAMP

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[www.metrowestbootcamponline.com](http://www.metrowestbootcamponline.com)

## 2011-2012 WINTER INDOOR BOOTCAMP SCHEDULE

October 2011						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2011						
Su	M	Tu	W	Th	F	S
	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2011						
Su	M	Tu	W	Th	F	S
	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2012						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2012						
Su	M	Tu	W	Th	F	S
	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2012						
Su	M	Tu	W	Th	F	S
	27	28	29	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2012						
Su	M	Tu	W	Th	F	S
25	26	27	28	29	30	31
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### Class Pricing:

- 4 Days a Week - \$200.00
- 3 Days a Week - \$150.00
- 2 Days a Week - \$110.00

Metrowest Bootcamp runs in four week sessions and offers 5:45 AM Sunrise and 6:00 PM Sunset classes. In order to achieve maximum results we recommend signing up for all four days, however you may also select from our 2 and 3 day per week options.

### Location:

The Ballet Space; 2 Watson Place; Building 5A; Framingham, MA 01701